



THE UNIVERSITY OF THE WEST INDIES
AT CAVE HILL, BARBADOS



**BARBADOS ASSOCIATION OF
MEDICAL PRACTITIONERS**

82nd UWI/BAMP CME AWARD CEREMONY & CONFERENCE

By Kim Quimby on behalf of the UWI / BAMP CME committee

THE INAUGURAL GEORGE NICHOLSON MEMORIAL LECTURE



Dr. George Mansoor receiving the George Nicholson award from George Nicholson Jr.

L→ R: Mrs. Gisela Balcombe Nicholson (widow), Mr. George Nicholson Jr. (son), Dr. George Mansoor (Presenter), Prof. Sir. ER Walrond (former Dean)

The inaugural George Nicholson Memorial lecture was presented by Dr. George Mansoor, Consultant Nephrologist, Antigua on the 18th November 2017 at the Lloyd Erskine Sandiford Conference Centre.

Excerpt from his presentation:

Universities, especially medical schools, honor those Faculty that have made contributions of the highest order with lecture series, plaques, awards, naming of departments, buildings and so on. In the case of Professor George D Nicholson, The University of the West Indies (The UWI), Cave Hill has started an annual lecture in his memory. Nothing could be more fitting than The UWI, the premier catalyst for higher education and for regional integration, to honor a man who has contributed in so many domains to so much of the Caribbean. **The early years:** George was born January 1st 1937 to Dr. Jacob Nicholson, a medical officer of health, and Roseman Ann Nicholson, in the village of Cove and John in East Coast Demerara. George showed his brilliance from an early age. He was admitted to the Queens College at age 7 years (normally reserved for those 8 years and over). At age 16, he had secured four A levels but he could not go to University since none would accept him because of his age. He accepted this limitation stating that “being a university graduate required a certain amount of social sophistication and a certain ability to make yourself work and exhibit self discipline... certainly at the time I was not particularly disciplined”. **College days:** George went off to Balliol College in Oxford England and then to Guys Hospital Medical School in London. He graduated in 1962 with bachelor of Medicine. **Mona years:** Professor Nicholson returned to The UWI in 1972. He was initially paired as a Consultant with Professor Eric Cruikshank and later with Professor George Alleyne. At this time, no person in the Caribbean could obtain consistent dialysis services. Professors Nicholson and Eugene Ward developed the first organized hemodialysis unit at the University Hospital in 1973. Cost, logistics, water quality and so on were obvious hurdles, nevertheless, the unit stabilized rapidly and quickly added patients. **QEH years:** Professor Nicholson moved to Barbados in 1978 and started a dialysis unit next to the ICU. He trained nurses, technicians and house officers. At the time, George was not only a nephrologist but also was the teaching Consultant on a full time medical service with Professor Henry Fraser. **Educator/Mentor:** Professor Nicholson always held high standards and didn’t like intellectual laziness. He impressed by example on many young physicians the need for detective like thoroughness. He expected punctuality, good ethics, hard work, collegiality, but above demanded critical thinking. Professor Nicholson’s natural intelligence always made him ask questions that were not in the book and he became more and more interested in research in the late 1980s. He published many papers on topics like leptospirosis along with Dr. Edwards et al and the clinical manifestations of lupus in Barbados along with Dr. Flower et al. He published on the cost of hemodialysis in Barbados with Dr. Adomakoh and published an editorial review in Kidney International in 1975 on the kidney in sickle cell anemia; this was first authored by George Alleyne. **University Professor and Dean:** Professor Nicholson moved rapidly up the ranks of the Academic ladder and became a Professor and Dean of the School of Clinical Medicine and Research at QEH (1992 to 1996). He saw the University as the glue that held the Caribbean together. He was also the Royal College invigilator for a number of years. He worked on multiple Inter-Campus committees and fostered communication and collaboration in multiple areas of academia.

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GRADUATES PRIZES

We continue to recognize our students who have excelled in the MBBS final examination the preceding year. The Awardees were:

- For the student adjudged best in the graduating class, the **Arnott Cato Prize** was presented by Dr. Clyde Cave on the behalf of the Arnott Cato Foundation to Nina Massiah.
- For the best performance in the clinical section of the Medicine and Therapeutics final examination, the **Dr. Harry Bayley & Anne Bayley Prize** was presented by Dr. Peter. Adams to Dr. Ayja Clarke.
- For the highest mark in the Psychiatry OSCE in the final examination, the **Barbados Association of Psychiatrists' Prize** was presented by Dr. Maisha Emmanuel to Dr. Nina Massiah.
- For the highest aggregate mark in Medicine, the **Merck, Sharpe & Dohme Prize for Medicine** was presented by Mr. Kevyn Henry on the behalf of Bryden Stokes Ltd to Dr. Ayja Clarke.
- The **Lionel Stuart Prize** for the best performance in the final surgery examination at the Cave Hill Campus was presented by Dr. Corinthia Dupuis on the behalf of the Barbados Association of Medical Practitioners to Dr. Stefan Gafoor



POSTER PRIZE



The **Poster Prize**, which is in its third consecutive year, is presented to the candidate whose poster was judged as having the best scientific content and overall presentation style. The prize was presented by Ms. Kaila Branch, senior medical representative of Pfizer to Dr. Keisha Carrington a recent graduate of the Family Medicine programme for her work entitled “Should My Patient Drive? An Assessment of Medical Standards of Fitness to Drive in the Elderly among Primary Care Physicians”.

LUNCHTIME LECTURE



“Paediatric update lecture series: The Pathology of Neuroblastoma” was delivered by Dr. Hiroyuki Shimada, Professor of Pathology at the University of Southern California Keck School of Medicine and one of the leading world authorities on the pathology of neuroblastoma. Dr. Shimada has authored and co-authored 190 peer-review papers and 30 Reviews/Book Chapters. He has presented a total of 130 abstracts and has made 50 invited lectures/symposia and key note addresses at national and international scientific meetings.

From the CME coordinator: In January of this year, we hosted the 1st pre-recorded CME conference, which received favourable reviews. Our intention is to facilitate CMEs in the OECS, particularly in partnership with those who do not have the structure in place to complete such a venture on their own. From my inaugural speech in 2014, I have called for ‘greater input from those who have a lot to offer’; and I continue to call not just for our local CME but for the commitment I believe we have to others. So quoting Jesus from the Holy Bible “For unto whomsoever much is given, of him shall be much required: and to whom men have committed much, of him they will ask the more” so let us continue to give.



UP NEXT

Join us for the 83rd BAMP / UWI CME conference which will be held on 19th—20th May at the Lloyd Erskine Sandiford Complex. Updates will be circulated soon.

CME PROGRAMME

The CME Conference was held on the 18th – 19th November 2017 at the Lloyd Erskine Sandiford Conference Centre. There were 125+ delegates including physicians from Antigua, Guyana, Jamaica, St. Lucia, St. Vincent and Turks and Caicos. In addition to our local physicians, the Faculty comprised three visiting Pathologists who were invited by Dr. Corinthia Dupuis, the CME advisor for Pathology.

A cross section of the audience



Featured talk—Alternative Medicine (AM): what's out there?



This comprehensive talk given by Dr. Lynda Williams reviewed the definition and classification of AM and the patterns and drivers of use. It was noted that the evidence for use of AM was poor; being derived from small studies that were subject to many types of bias. The safety regulations of this industry are also deficient as it does not require FDA approval. In addition, communication between the conventional and alternative medicine practitioner was almost non-existent, which proves difficult in patient care. The outcome was a call for a taskforce to forge a way forward in dealing with this issue.

Visiting pathologists



From L→R: Evgeny Yakirevich—Warren Alpert Medical School at Brown University, Corinthia Dupuis—CME Pathology advisor, Nick Shillingford—Children's Hospital Los Angeles, Shamlal Mangray—Lifespan Academic Medical Center

Featured block—Thyroid disease



This block was organized by Dr. Colette George. Speakers included from L→R: Dr. Colette George worked through clinical cases in a thorough yet simplified fashion. Dr. Roy Forde, who described the clinical approach to thyroid nodules. Dr. Dean Durant introduced imaging techniques in the investigation of thyroid nodules; focusing on ultrasound scanning. Dr. Shamlal Mangray gave an overview of the revised Bethesda system and the interpretation of FNA cytology of the thyroid.

Retirement

Fond farewell to Mr. Cedric Alleyne who has served the FMS, UWI for forty years.



Obituaries

A sad farewell to Prof. Yasodananda Kumar Areti (AY), Professor of Anaesthesia and Intensive Care and immediate past chair of the UWI / BAMP CME committee.



SMALL GROUP WORKSHOPS



Clinical Pathology slides—Nick Shillingford



An ethics case discussion on autonomy being led by Mai-sha Emmanuel



Documentation skills—Barbados National Registry



Participants practicing CPR following the discussion of the Good Samaritan Law by Brian Charles

SPONSORS

The CME committee expresses our gratitude to our Sponsors: AstraZeneca, Bayer Health Care, Boehringer Ingelheim, Bryden Stokes Ltd., Carlisle Laboratories Ltd., Pfizer Pharmaceutical, Pharmacy Sales Caribbean Inc, Rx Pro and Stansfeld Scott & Company Ltd. We appreciate your continued support .

"Small enough to care,
Big enough to make it happen"

For the lectures, quiz and for further updates, visit us on the web.
www.cavehill.uwi.edu/fms/cme