THE UNIVERSITY OF THE WEST INDIES
AT CAVE HILL, BARBADOS

BARBADOS ASSOCIATION OF MEDICAL PRACTITIONERS

78TH UWI/BAMP CME PUBLIC LECTURE, AWARD CEREMONY & CONFERENCE

By Kim Quimby on behalf of the UWI / BAMP CME committee

AWARDS OF MERIT

The 78th UWI / BAMP CME Award Ceremony was held on the 13th November 2015 at the Henry Fraser Lecture Theatre, Cave Hill Campus. We were delighted to appreciate three esteemed gentlemen who had given selflessly of their skills and finances to the medical fraternity.

Dr. Charles Edwards was presented the **"Award of Merit for Outstanding Service to BAMP"**. Dr. Edwards served this fraternity as consultant to the QEH and Associate Lecturer to The UWI. He was key in the development of the gastroenterology service which he headed from 1983 until his retirement in 2013. He was a founder member and the first Secretary of the Association of West Indian gastroenterologists and was selected Governor, WI region, for the American College of Gastroenterology. Charlie was dedicated to undergraduate and post-graduate training, becoming the DM coordinator from 1991 to 1996. He was a member of the International Leptospirosis Society and Chairman of the clinical sub-committee for its first conference in Nantes. He had the honour of hosting the 4th meeting in Barbados in 2002. Other positions held included: Head of the Department of Medicine, Hospital Medical Chief of Staff, Chairman of the Medical Staff Committee, the hospital supplies Procurement Sub-Committee, the AIDS Management Committee and the Board of Bayview and Member of the Board of Management of the Hospital and of the Hospital Tenders Committee. *Picture: Dr. Edwards receiving his award from Dr. Jordan*

Mr. Emerson Haynes was presented with the **Award of Recognition for Outstanding Service to the Barbados Association of Medical Practitioners (BAMP)"**. Mr. Haynes is an audio-visual (AV) / information technician with the Faculty of Medical Sciences. Previous to this appointment, he held the post of Clinical Photographer. He has used both of these skills in his service to BAMP, serving as AV operator at the CME conferences, producing the conference booklets and taking photographs of lecturers and delegates to the conferences. *Picture: Mr. Haynes receiving his award from Dr. Chase (President, BAMP)*

Mr. Peter Bourne was presented the **"Award of Merit for Outstanding Commitment to CME"** in recognition of his service to this fraternity as a strong financial sponsor and supporter. Mr. Bourne joined Collins Limited in 1957 where he worked in the warehouse, at the front counter, as a Drug Store Salesman and then Medical Representative. He was the driving force behind the formation of Carlisle Laboratories Ltd in 1961, a firm that has been a net earner of foreign exchange from its inception, exporting more than 80% of its production. His many positions held include: Chairman of Collins Ltd and Carlisle Laboratories Ltd, Director of Lambou Investments Ltd and Coem Ltd, member of the Steering Committee and subsequently one of the earliest members of the Barbados Cancer Society, member of the Barbados Rally Club, the Oistins Fish Festival and the Barbados Manufacturers Association, Chairman of the Pharmacy Council and member and previous President of the Barbados Pharmaceutical Society. He is a life member and constant supporter of the Heart and Stroke Foundation of Barbados and a consistent supporter of the Barbados Diabetes Association. *Picture: Mr. Bourne receiving his award from Dr. Howitt*

GRADUATES PRIZES

We continue to recognize our students who have excelled in the MBBS final examination the preceding year.
The Awardees were:

- For the best performance in the clinical section of the Medicine and Therapeutics final examination, the **Dr. Harry Bayley & Anne Bayley Prize** was presented by Dr. PM Lashley to Dr. Franchesca Knights**.** *(collected by Dr. Stephanie Date on her behalf)*
- For the best performance in the final surgery examination, **the Lionel Stuart Prize** was presented by Dr. Carlos Chase on the behalf of BAMP to Dr. Stephanie Date.
- For the highest aggregate mark in Medicine, **the Merck, Sharpe & Dohme Prize for Medicine** was presented by Dr. Michael Marshall on the behalf of Bryden Stokes Ltd to Dr. Kristyn Kirton.
- For the highest mark in the Psychiatry OSCE in the final examination, the **Barbados Association of Psychiatrists' Prize** was presented by Dr. Sharon Harvey to Dr. Jade Barnett.
- For being the best candidate in the Anaesthesia and Intensive care clerkship, **the Harley Moseley Award** was presented by Professor Harley Moseley to Dr. Stephanie Date.
- For the student adjudged best in the graduating class, the **Arnott Cato Prize** was presented by Prof Sir ER Walrond on the behalf of the Arnott Cato Foundation to Dr. Sharri Cyrus. *(collected by her father on her behalf)*

POSTER PRIZE

We were very pleased to institute a **Poster Prize** for the first time during a CME event. This prize was presented to the candidate whose poster was judged as having the best scientific content and overall presentation style. The prize which was sponsored by Pfizers was presented by senior medical representative Ms. Kaila Branch to Dr. Judith Nicholls.

FEATURE PRESENTATION

Prof. Graham Serjeant delivered the feature address entitled “Therapeutic considerations in Sickle Cell Disease”. The content focused mainly on blood transfusions and covered the areas of agreement e.g. in acute splenic sequestration and for the secondary prevention of stroke; the gray areas e.g. for long term hypersplenism and pre-surgical management; and the areas where transfusion is not recommended e.g. top-up transfusion when asymptomatic. Prof. Serjeant also explored the risks of this treatment e.g. transfusion reactions and iron accumulation. He also presented splenectomy an alternative strategy in the management of hypersplenism, giving multiple examples of children in areas where a chronic transfusion programme is not yet feasible.

From the CME coordinator: At my inaugural speech last year I shared my vision which included 1. a CME programme with greater input from a variety of experts and 2. the establishment of a curriculum. I am very pleased to report that we are on our way to achieving these goals. The CME committee is now bolstered by a board of specialty advisors who will oversee programme development in their specific area. This will ensure that the academic agenda offered by this conference is up-to-date and of a high caliber. With the advisors in place, the next step would be to draft a curriculum. This will allow us a better handle on the topics being covered, as we do not want any specialty to be under-represented. I look forward to your continued support during my tenure.

CME PROGRAMME

The CME Conference was held on the 14th – 15th November 2015 at the Lloyd Erskine Sandiford Conference Centre. There were 133 delegates including one delegate from St. Lucia and one from Jamaica. The programme consisted of twenty-four presentations inclusive of three feature addresses, a panel discussion and small group workshops.

Feature Address #1

"Diabetes: The Future is Psychiatry" was sponsored by the Barbados Diabetes Foundation and presented by Prof. Khalida Ismail of Kings College London. In her talk, she explored the depression—diabetes link . She noted that the prevalence of depression is twice as high in those who have diabetes. However, the relationship was bidirectional, creating a chicken and egg scenario. Current research suggests that the two conditions share common biological patho-mechanisms, with untamed activation of the innate inflammatory response emerging as the chief link.

Feature Address #2

Lessons in Management of Sickle Cell Disease was presented by Prof. Graham Serjeant. Here, he recapped experiences from the Jamaica Sickle Cohort. He noted that the spleen is central to much of the early clinical features e.g. infection, acute splenic sequestration and chronic splenism. The painful crisis, although a patho-physiological event, can be heightened by psychological circumstances, which must also be recognised and managed. He also mentioned examples of management strategies for acute chest syndrome, proliferative retinopathy and gall bladder disease.

Feature Address #3

The Autism spectrum disorders presentation was requested by the local charity, Spectrum Possibilities. Dr. Julie Buckley presented a mixed model of communication problems, gut disease, immune dysregulation, behavioural problems, methylation interruption and oxidative stress. She concluded with experimental treatments e.g. gluten free, casein free diet for management of gut disease and immune dysregulation; and hyperbaric oxygen for the management of inflammation and oxidative stress.

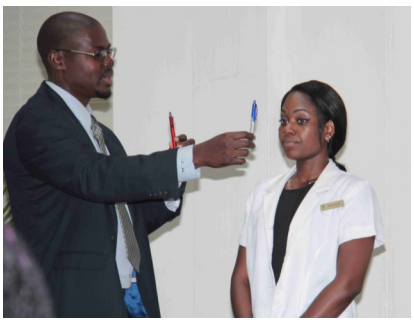
Small group workshops

Can you make the diagnosis?
A case of acromegaly presented by Dr. Carlisle Goddard

The use of USS for musculoskeletal diagnostics in the GP office by Dr. Rene Best

Identifying & Avoiding Pitfalls in Consultation by Dr. Joanne Paul-Charles

Clinical examination for the diagnosis of vertigo by Dr. Roy Forde



PUBLIC LECTURE

The inaugural UWI / BAMP Public Lecture was held on the 12th November 2015 in the auditorium of the Queen Elizabeth Hospital. The lecture "Neonatal Screening in Sickle Cell Disease" was presented by Professor Graham Serjeant, founder of the Jamaican Sickle Trust and Principal Investigator on the initial screening programme in Jamaica. The Lecture was attended by a cross section of medical professionals, students, patients and care givers.

The Lecture was supported by a public lecture series grant form the Cave Hill Campus.

SPONSORS

The CME committee expresses our gratitude to our Sponsors: Abbott Laboratories, Bayer Health Care, Bio Products Inc., Boehringer Ingelheim, Bryden Stokes Ltd., Carlisle Laboratories Ltd., Crossroads Centre Antigua, Hibiscus Health, Massy Stores, Merck Serono, Merck, Sharpe and Dohme, Pfizer, Pharmacy Sales and Rx Pro. We appreciate your continued support in these trying economic times.

UPCOMING CONFERENCE

The 79th BAMP / UWI CME conference will be held 21st—22nd May 2016.

For the lectures, quiz and further updates

Visit us on the web. www.cavehill.uwi.edu/fms/cme